

**REGISTRATION DEADLINE:  
JUNE 11, 2010**

**EVENT PRICE:  
\$85.00 PER PERSON  
\$115.00 MOTHER/DAUGHTER**

\*CHILDREN 13-17 YRS MUST BE ACCOMPANIED BY A PARTICIPATING PARENT OR LEGAL GUARDIAN

**EARLY REGISTRATION DISCOUNT:  
Registrations postmarked by  
May 31, 2010 will receive a \$10.00  
discount off registration fee.**

\*If you are one of the first 100 registration forms received you will get an additional gift.\*

**EVENT FEES INCLUDE:**

- SATURDAY – 3 CLASSES
- SATURDAY – LUNCH/PRESENTATION
- SATURDAY – DINNER
- SATURDAY NIGHT ENTERTAINMENT
- SUNDAY – BREAKFAST
- SUNDAY – 1 CLASS
- EQUIPMENT RENTAL
- PROGRAM MATERIALS
- SECRET CLASS

For convenience, participants may arrive Friday night to get settled in for an additional \$10.00. Check in time after 7:00 pm Friday. Continental breakfast included Saturday morning.

**Saturday, June 19, 2010**

Registration begins: Saturday @ 7:30am  
Welcome 8:00 am  
1st class – 8:30 am  
2<sup>nd</sup> class – 10:30 am  
Lunch/Presentation – 12:30 pm - Dr. Mary West  
3<sup>rd</sup> class – 2:00 pm  
Free time – 4-6 pm  
Dinner – 6:00 pm  
Secret Class – 7:30 pm  
Entertainment – 9:00 pm – The Boom Brothers  
Campfire & fun

**Sunday, June 20, 2010**

Breakfast – 7:30am  
Please check out before morning class  
AM Class – 9:00am  
Survey & Closing – 11:00am

**Participants should bring:**

\*Money for silent auction, games, raffles, manicures/pedicures and massages.  
\*Overnight necessities, \*Sleeping bag, \*Pillow  
\*Tennis shoes, \*Sandals, \*Bug spray  
\*Camera, \*Rain gear

\*\* In addition to meals, some snacks and drinks are provided. Feel free to bring your favorite beverages or snacks if preferred.

**NATIONAL OUTDOOR WOMEN  
11405 RUSSELL RD  
TWIN LAKE, MI 49457  
231-893-4510**

**WWW.NATIONALOUTDOORWOMEN.COM**

Make checks payable to National Outdoor Women.  
All monies are tax deductible. National Outdoor Women is a non-profit 501(c) 3 corporation.



**5<sup>th</sup> Annual  
2010 WOW EVENT  
June 18 – 20, 2010**

**Camp Pentalouan**  
On Blue Lake

**WE ARE CELEBRATING OUR 5<sup>TH</sup> ANNIVERSARY  
OF THE NATIONAL OUTDOOR WOMEN!**

**THIS IS AN OPPORTUNITY YOU  
WON'T WANT TO MISS!!**

FOR ADDITIONAL INFORMATION CALL:

**National Outdoor Women –  
(231)893-4510 or (231)670-1647**

Or visit our website at:  
**www.NationalOutdoorWomen.com**  
a 501C3 Corporation

## CLASSES OFFERED

OUTDOOR SURVIVAL – Learn the basics of outdoor survival from **Scott Fessenden**.

BASKET MAKING – Learn to make a one of a kind basket from **Heather Fessenden**.

SELF DEFENSE – Keep yourself safe by learning the basics of self defense from **Tom Twinning**.

KAYAKING – Relax on the water while learning the basics of kayaking from **Jake Slominski** – **Powers Outdoors**.

OUTDOOR PHOTOGRAPHY – Take those pictures you’ve always wanted to with the help of **Adam DeKraker**.

DUTCH OVEN – Cook outdoors with ease with the counselors of **Camp Pentalouan**.

ARCHERY – Learn to shoot a bull’s eye (or close) with **Carol & Gary Cole** – **Muskegon Bowmen**.

FIREARMS – Take aim and learn the basics of firearms with– **Ravenna Conservation Club**.

FLY FISHING – Cast the line with ease after learning the basics from guide **Brad Turner**.

FLY TYING – **Brad Turner** will help you make a fly to help catch that huge lunger!

ECO TREK FITNESS – If you’ve always wanted to try **ECO TREK** now is your chance with instructor **Lori McCollum**.

SPINCAST FISHING – Learn the basics of fishing with a rod & reel then throw the line in. **Dave & Anne Bolen** will teach you how.

KNOT TYING & RACHET STRAPS – Even needed to tie something securely and just didn’t know what knot to use? Let **Greg Klimowicz** show you how.

FIRST AID – It’s always good to have first aid training and **Cameron Main** can show you how to treat a minor cut and more.

ARROW FLETCHING – Learn how to make your own arrows for your bow. **Dave Wiatrowski** will show you how.

HIKING/CAMPING – Learn about the latest in hiking & camping gear to make your trip more enjoyable. Let **Paul Davidson** from **Go Gear** show you items from their store.

***\*\*HORSEBACK RIDING –The counselors at Camp Pentalouan will guide you through the woods on a relaxing horseback ride.***

***\*\*HIGH ROPES/ZIPLINE – Walk on a rope 40 feet in the air then zip through the trees to the ground. The counselors at Camp Pentalouan will show you how.***

***\*\* These classes will cost an additional \$5.00 each to cover camp expenses.***

Return portion to the right with your payment to:  
National Outdoor Women  
11405 Russell Rd  
Twin Lake, MI 49457

## 2010 NATIONAL OUTDOOR WOMEN WOW EVENT

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE & ZIP \_\_\_\_\_

HOME/CELL PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_  
(Help us go green and contact you by email)

Emergency Contact:

Name/Phone \_\_\_\_\_

**Course Selection: Please rank your classes  
in order of preference:**

**Saturday**

First Choice \_\_\_\_\_

Second Choice \_\_\_\_\_

Third Choice \_\_\_\_\_

Fourth Choice \_\_\_\_\_

**Sunday**

First Choice \_\_\_\_\_

Second Choice \_\_\_\_\_

**Women’s T-Shirt Size** \_\_\_\_\_

Indicate any special diet needs \_\_\_\_\_

\*\*Cabin assigned on a **first come**, first serve basis. Please indicate who you would like to bunk with.

\_\_\_\_\_  
\_\_\_\_\_  
**Friday Stay (\$10.00)** \_\_\_\_\_  
**Saturday-Sunday Event** \_\_\_\_\_  
**Extra Cost Classes** \_\_\_\_\_  
**Total \$ Enclosed** \_\_\_\_\_